

Strawberry Trifle

Jeanne Owens 10-2-2009

Combine: 2 - 8oz cream cheese (low fat)
2 cups powdered sugar (1 ½ cups Splenda)

Blend well with mixer

Stir in: 1 – 8oz container yogurt or sour cream (low fat)
2 tsp vanilla
2 tsp almond extract

Fold in 12-16 oz Cool Whip (light) into above mixture

Cube one angel food cake and fold into above mixture. This makes layer 1.

1 can crushed pineapple, well drained. This makes layer 2.

Combine: 2 quarts sliced strawberries
3 T sugar (Splenda)
3 T Amaretto

This makes layer 3.

Alternate layers in bowl to create finished product.